

info-Kompass

Information events for migrants
organised with ease



www.fabialuzern.ch/info-kompass

How to make use of my professional experience and diplomas in Switzerland? How does the school work in canton Lucerne function? How to eat healthily and at low cost in Switzerland?

The info-Kompass helps the non-indigenous population to answer such questions. Municipalities, migrant associations, organisations and companies can book an info-Kompass offer free of charge and organise an information event for migrants.

All courses are led by a specialist, interpreters or intercultural mediators can also be involved if required.





RESIDENCE

My family is coming to Switzerland
Residence permits
New in Canton Lucerne



HEALTH / WELL-BEING

Healthcare system
Health insurance
Good, healthy and inexpensive food
Mom, you're essential for us!
Let's improve our health!



HOME / LIVING SPACE

Tenancy
Living together in Switzerland



SCHOOL

The school system in Canton Lucerne
Ready for life – Accompanying primary school children as they grow up



OCCUPATION / WORK / FURTHER EDUCATION

How to apply successfully for a job?
Know your rights at work
How to make use of my professional experience and diplomas in Switzerland?
How can parents support their children in choosing a career?



FAMILY / PARTNERSHIP

Being parents of children up to 6 years of age
Being parents of primary school children
What helps parents of preschool-aged children? Dealing with challenges and stress situations
Digital media in the everyday educational life
Outings, parties, alcohol & Co with teenagers
NEW: Relationships, sexuality, love and marriage in culturally diverse Switzerland



RETIREMENT

Pension scheme – AHV and supplementary benefits
Getting older – Offers for senior citizens
Health in old age



STATE / POLITICS

Fundamental democratic rights



FINANCE / CONSUMPTION

Managing with one's income
Handling paperwork – know your important documents and store them