

# info-Kompass

Information events for migrants  
organised with ease



[www.fabialuzern.ch/info-kompass](http://www.fabialuzern.ch/info-kompass)

**How to make use of my professional experience and diplomas in Switzerland? How does the school work in canton Lucerne function? How to eat healthily and at low cost in Switzerland?**

The info-Kompass helps the non-indigenous population to answer such questions. Municipalities, migrant associations, organisations and companies can book an info-Kompass offer free of charge and organise an information event for migrants.

All courses are led by a specialist, interpreters or intercultural mediators can also be involved if required.





## RESIDENCE

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My family is coming to Switzerland  
Residence permits  
New in Canton Lucerne



## HEALTH / WELL-BEING

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Healthcare system  
Health insurance  
Good, healthy and inexpensive food  
Mom, you're essential for us!  
Let's improve our health!



## HOME / LIVING SPACE

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Tenancy  
Living together in Switzerland



## SCHOOL

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The school system in Canton Lucerne  
Ready for life – Accompanying primary school children as they grow up



## OCCUPATION / WORK / FURTHER EDUCATION

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How to apply successfully for a job?  
Know your rights at work  
How to make use of my professional experience and diplomas in Switzerland?  
How can parents support their children in choosing a career?



## FAMILY / PARTNERSHIP

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Being parents of children up to 6 years of age  
Being parents of primary school children  
What helps parents of preschool-aged children? Dealing with challenges and stress situations  
Digital media in the everyday educational life  
Outings, parties, alcohol & Co with teenagers



## RETIREMENT

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Pension scheme – AHV and supplementary benefits  
Getting older – Offers for senior citizens  
Health in old age



## STATE / POLITICS

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Fundamental democratic rights



## FINANCE / CONSUMPTION

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Managing with one's income  
Handling paperwork – know your important documents and store them